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Bench Minor penalties are issued for fouls which the Team Officials are held accountable. These fouls fit into three general categories:

1. Conduct of Team Officials
2. Bench/Player Control, and
3. Unsustained Equipment Measurements.

Bench Minors are served by the player committing the foul. If, however, the offender is not identifiable, a player on the ice (as designated by the Manager or Coach through the Team Captain) when play was stopped serves the Bench Minor.

Conduct of Team Officials

1. Team official does not restrict their movement to within their players bench during the game [Rule 1.9(d)]
2. Obscene, profane or abusive language or gestures, or persistent disputing, or disrespect for the ruling of an official [Rule 9.2(b)]
3. Team official comes onto the ice without permission of the Referee [Rule 9.5(f)]

Bench/Player Control

1. Too many C's or A's in the game [Rule 2.4 Situation 5]
2. All or most players leave the bench to celebrate a goal after having been issued a warning following the first incidence of this sort [Rule 2.5(d) & (e) & Situation 7]
3. Too many players on the ice [Rule 2.5(e)]
4. Player coming onto the ice or going off the ice plays the puck with one or both skates still on the bench [Rule 2.5(f) & Situation 2]
5. Deliberate illegal substitution [Rule 2.5(f)]
6. Team attempts to make a player change after their allotted time after having been issued a warning following the first incidence of this sort [Rule 2.5(g) & Situation 9]
7. Players fail to remain at bench on line change if scrum or gathering occurs [Rule 2.5(h)]
8. Penalized and injured player sent off the ice for treatment (and replaced on the penalty bench) participates in the play before penalty expires [Rule 2.6(e)]
9. Unsportsmanlike conduct or interference from bench [Rule 9.2(c)]
10. Players leaving benches at end of period before directed by Referee [Rule 10.15(e)]

Unsustained Equipment Measurements

When a measurement request is made and the stick / equipment measured turns out to be legal [Section 3 – Measurement Guidelines]